






PROGRESSION PARK

BIKING FOR EVERYONE!

Start here at the Progression Park. Once you've mastered these trails take your skills to the top of the Sunburst chairlift to the 9km Level Up trail, or try out the new green trails off the Sundance Chairlift.

Experienced bike instructors from Sports School can teach you foundational skills to help you push your limits and progress to the next level.

FEATURES

 <p>DROP ZONE</p>	 <p>TABLE TOPS</p>
<p>A transitional break in the trail where it drops in elevation. Drops can be found off rocks, wooden features, roots, and other elements.</p>	<p>A jump with a flat deck great for practicing. Start with these smaller jumps and then work your way up to bigger ones in the main Bike Park.</p>
 <p>WOOD/LOGS</p>	 <p>ROLLERS</p>
<p>Log rides and wooden ramps are common features that add an exciting and skill testing element to the park.</p>	<p>A raised area in the middle of the trail; roll over or catch some air!</p>
 <p>ROCKS</p>	 <p>BERMS</p>
<p>A relatively flat rock found in the trail, practice riding over and down this new natural element, or try jumping it!</p>	<p>A banked corner providing more support and traction than flat corners. An opportunity to gain speed and practice leaning your bike.</p>



PLEASE OBEY WARNING SIGNS
 Terrain beyond the AREA BOUNDARY is not patrolled. BIKING or HIKING is not recommended beyond this point. Please obey all signage and respect closures.
ON-HILL EMERGENCY: +1.250.578.5521 EMERGENCY: 911