



TOURISM  
*Sun Peaks*

# Explore Summer: Agent Training

## Sun Peaks, BC



Sun Peaks is a year-round, mountain community in the heart of British Columbia and your destination for an authentic Canadian experience. Encircled by three mountains, Sun Peaks' European-inspired, pedestrian village, features 45+ locally-owned restaurants, shops and accommodations. The summer months reveal a lush paradise where guests can golf on British Columbia's highest golf course, hike through wildflowers, explore the lift-access mountain bike park, or paddle the lakes, learning about Canada's storied past.



# The Village



# The Village



- Village elevation is 1250m's (4000ft)
- 9 hotels & lodges in the village core
- Pedestrian only village
- Covered walkways
- 20+ restaurants, cafes & pubs
- 25+ shops featuring clothing, souvenirs, local artisans & goods
- Full service spa & spa express
- Grocery market, deli & delivery service
- Valley trail network
- Sunday Market Day (June – Oct)
- 2 x outdoor game areas

## Lift-access Biking, Hiking & Sightseeing



The chairlift operates mid June – end of September | Daily at 10am

## Hiking & Sightseeing



Experience beautiful vistas and stunning wildflower meadows in the Sun Peaks alpine.

- The Sunburst chairlift runs daily from 10am - 7pm (5pm after Sept 6)
- Mid June 17 – Sept 25
- 18 hiking trails
- Peak blossom viewing mid-July to mid-August

### Guided Alpine Hiking Tours

- Available daily, must pre-book
- Includes lift ticket, 2 person min

## Bike Park



The Sun Peaks Bike Park offers 2,000 feet of lift-access vertical on Tod Mountain plus an additional 1,559 feet on Sundance Mountain. With trails ranging from flowy machine-made cruisers to fully pinned DH single-track there is something for every level of rider.

- The Sunburst & Sundance Chairlifts run daily from 10am - 7pm, (5pm after Sept 6)
- Mid June – Late Sept
- 40 distinct alpine trails
- Bike park lessons & clinics



# Progression Park



The Progression Park is carpet lift-accessed bike park, perfect for kids and beginners of all ages to practice core skills.

- Carpets Runs daily from 10am - 7pm (5pm after Sept early).
- Mid June – late September
- Features include mini berm lines, technical lines, a jump line, drop section, pump track & more!
- Multiple options for tickets to access the Progression Park
- Lessons available for all levels

## Multi-use XC Trails



Sun Peaks offers ample pedal-access riding from the valley to the top of Mt. Morrisey as well as lift-access trails in the high alpine of Mt. Tod.

- June - October
- No cost to ride valley XC trails
- Bike rentals at Elevation & McSporties
- E-Bike friendly trails & rental
- Alpine XC trails can be accessed by the Sunburst Chairlift (ticket required)
- Guided XC Biking Tours

## McGillivray Lake Rentals



## Golf Course



Explore scenic McGillivray Lake by canoe, kayak or paddleboard.

- June - October
- Rentals come equipped with all necessary equipment
- Rentals are full day (8hrs)
- Participants must have prior experience
- Guests check in at the Activities Sales Desk, then self-drive to the lake where the canoes/kayaks are located (6km)

With greens located at 1,200 meters above sea level Sun Peaks has BC's highest elevation course.

- Late May – mid October
- 18-hole par 72 Graham Cooke course
- 6,400 yard course
- Mon-Thurs unlimited golf w/ cart
- Lessons and rentals available
- Kids Golf Free (Mon-Thurs )

## Trail Rides



## Fly Fishing



Experience Horseback Trail Riding in beautiful Sun Peaks with the expert guides. Trail rides take place in small groups and are suitable for beginner to advanced riders.

- May - October
- Village Views and Valley Trails (2 hrs)
- Mt. Morrisey Summit Ride (4 hrs)
- Transportation to Sun Peaks stables is required (5 min drive from village)

Whether you want to be introduced to the sport of fly fishing or you're a seasoned angler, a guided Fly Fishing tour is a great way to experience the nearby lakes to Sun Peaks and Kamloops area.

- May - October
- Fast Action Fishing Adventures
- Elevated Fishing Adventures
- Fishing licenses not included
- ½ day, full day and evening tours

## Alpine Yoga



## Heffley Lake Rentals



Immerse yourself in nature and recharge with an outdoor yoga session surrounded by the stunning alpine beauty of Sun Peaks.

- Operational when the Sunburst Chairlift runs
- 25-30 min hike followed by 45 min yoga practice
- 3 hour session (includes lift ticket)
- Yoga mat rental add-on
- 10:00am or 2:00pm

Paddle boards and SUP kayak rentals are available at Heffley Lake, located 15 minutes down the road from Sun Peaks. Begin a quick lesson on paddling skills and safety before embarking on your self-guided tour of the lake. Multi-person family SUP rental available.

- May – October
- Located on Heffley Lake (16km drive)
- 2 hour rentals

## Axe Throwing



## Shuswap Medicine Trail



If you've never hurled an axe, a group looking for something fun for a special event or corporate function or you're a veteran timber sportsman who wants to sharpen their skills, Cleavage Axe Co. will forge that unforgettable axe-perience for you or your group.

- 8 lanes
- 44 throwers
- Ages 10+
- A short 15-minute walk from the village

Take a gentle walk through the forest next to the upper village to learn about the local flora, fauna, and First Nations traditional medicines.

- 0.6 km interpretive trail
- Approximately 15min from start to finish
- Informative plaques along the trail



Sun Peaks Yoga strives to help you deepen your connection with your mind, body and spirit. Whatever your personal needs, they are here to help you do the emotional, physical and mental work through speeding up or slowing down to bring a little more love to your practice and your life.

- Yin, Nidra, Hatha, Vinyasa, Pain Care, Prenatal, Baby and Me, and Kids Yoga
- Yoga mats and equipment provided
- A short 15-minute walk from the village or a quick transfer on the in-resort shuttle (winter only)



Sun Peaks Alpine Fitness offers everything from cardio machines, free weights and weight training machines to group classes and personal trainers, they have something for everyone's fitness needs.

- Monthly memberships, week passes and drop-in rates
- Located in the Sun Peaks Centre

## Spa



## Acupuncture



Sun Peaks Massage and Spa LTD. is here to help you relax and enjoy one of the many treatments offered:

- Facials
- Spa Packages
- Specialty Massages
- Classic Massages
- Spa Products

Located in the lower level of The Residences at Sun Peaks Grand.

Vital Point Acupuncture & Massage is here to help you rediscover you body's ability to heal. From pain relief to stress reduction Vital Point's team of practitioners are ready to help.

- Located in Sun Peaks Yoga, a short 15-minute walk from the village
- Acupuncture, Electro-acupuncture, Reiki & Cupping Therapy offered



## Disc Golf



## Outdoor Games Areas

Challenging holes, diverse terrain with natural features, and scenic viewpoints await, all from the top of the Sunburst Express chairlift.

- Bring your own discs
- Rent Discs from Guest Services
- Purchase Discs at John Tod Trading Co.
- Lift passes required for chairlift access
- A short walk from the top of the Sunburst Chairlift
- Course closes 30 minutes before last chairlift down

Located in the Upper Village and the Clock Tower Square are a variety of free outdoor family friendly games.

- Giant Chess
- Ping Pong
- Cornhole
- Checkers
- Connect 4
- Shuffle Board

## Mobile Skate Park



A family friendly covered mobile skate park great for any weather.

- Located in the Sun Peaks Centre Arena at the top of the village
- Parking & bathrooms available on site
- No rental equipment available
- Open daily through July & August, detailed schedule available online
- Free
- Children under 12 must be accompanied by an adult

## Mini Golf



A 9-hole mini golf course great for all ages. The covered arena makes it the perfect place to have fun in any weather.

- Located in the Sun Peaks Centre Arena at the top of the Village
- Parking & bathrooms available onsite
- Open daily through July & August, detailed schedule available online
- All equipment provided for use free of charge

## Playground & Plaza



The Sun Peaks Plaza is a newly built public open space park located near the Sun Peaks Centre.

- Features include a concert amphitheatre & accessible adventure playground
- Grassy picnic and resting areas
- Paved pedestrian walkways
- Short term parking stalls located next to the playground

## Tennis & Pickleball Courts



Located in the East end of the Village are 2 tennis courts and an additional dedicated pickleball court.

- Access is through the entrance to Parking lot 5, follow the trail behind the school portables
- No washrooms on site
- Open daily with free public access
- Limited pickleball rackets available on site, no tennis rackets available



## Self-drive Day Trips

Helmcken Falls



Dawson Falls



## Winery & Craft Beverage Tours

Sun Peaks is the perfect starting point for a variety of day trips to explore the surrounding area.

- Self-drive tours to Wells Gray Provincial Park (1.5hr drive) famous for its waterfalls, lakes, rivers, & soaring mountain peaks
- Multiple wineries and craft beverage locations are visited on tours offered by a local shuttle company
- Hiking trails for all abilities

# Market Day



This is a perfect opportunity to bring local, sustainable food to your family's dinner table. Stroll through the village and browse products from local farmers, ranchers and artisan. You may find fruit, vegetables, meats, seafood, arts, crafts, beauty products and more.

- Sundays from June – mid October
- Live music
- Kids zone

## RV & Camping



Sun Peaks RV & Camping sites offer the luxury of being close to all the amenities and activities Sun Peaks has to offer.

- Open June - October
- \$25/night per RV/tent
- 14 night max stay
- Reservations required
- No electrical hookups
- Picnic Tables
- Sani dump station
- RV's must be self-contained
- Washrooms available (excluding showers) at the Annex

# Accommodation



Sun Peaks offers a variety of accommodation options, with over 1100+ units, ranging from hotels and lodges, to private condos, townhomes and chalets:

- Bear Country Vacation Rentals
- Sundance Lodge
- Nancy Greene's Cahilty Lodge
- Sun Peaks Grand Hotel
- Residences at Sun Peaks Grand
- Sun Peaks Lodge



# Events



Family Weeks | Live Music | Races | Art Exhibits | For a full list of events visit [sunpeaksresort.com](https://sunpeaksresort.com)





Thank you!

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