## Sun Peaks ITINERARY 2026

WHERE YOU BELONG



A four-day self-drive itinerary including Sun Peaks and surrounding attractions

Sun Peaks is a mountain resort community nestled in the sunny heart of Interior BC, just a 45-minute drive from Kamloops.

The summer months see the alpine flooded with wildflowers, the turning of two chairlifts for mountain biking (one also operational for hiking), the opening of British Columbia's highest elevation golf course, and more activities that attract families year after year.

It's not the tangible activities or operations that make Sun Peaks unique, though. The feelings of belonging and becoming a part of a community immediately take hold when guests arrive. The European style architecture and cobblestone (pedestrian-only) village transports guests to a place far beyond BC, but the community of passionate locals will ground them as they're welcomed into a mountain community.











For more information regarding our Summer offerings please scan the QR code.

3250 Village Way, Sun Peaks, BC VOE 5NO



## DAY 1 & 2 SUN PEAKS

## Sun Peaks

#### DAY 1: PM

#### **WELCOME TO SUN PEAKS!**

Check into your accommodation where you will spend the next three nights, steps away from the village core.

#### **CAHILTY CREEK KITCHEN & TAPROOM**

Enjoy your first meal in Sun Peaks at Cahilty Creek, where you can savour flavours from across the globe and also keep it close to home in BC with a local craft beer flight.

#### **DAY 2: AM**

#### **GUIDED ALPINE HIKING TOUR**

Ride the Sunburst Express chairlift to mid-mountain and embark on a four-hour guided hike into the alpine with a knowledgeable local guide.

#### DAY 2: PM

#### **JEEP TOUR**

Prepare to be immersed in the untamed beauty of the Sun Peaks backcountry as your tour navigates narrow trails, visits pristine lakes, and traverses vast expanses of breathtaking scenery.

#### **POWDER HOUNDS**

Schnitzel anyone? Finish off your sceond day in Sun Peaks at Powder Hounds. Among the plethora of dining options in the village, the authentic Hunter Schnitzel is not to be missed!









## DAY 3 WELLS GRAY

## Sun Peaks

#### **AM: CANADA'S WATERFALL PARK**

Driving to Wells Gray Provincial Park is the perfect day trip to embark on from Sun Peaks! A scenic 1.5-hour drive North on Highway 5 will take you to Canada's Waterfall Park where 41 waterfalls and impressive views await. There's no way to see all 41 in one day, so here are three must sees:



#### **3 MUST SEES:**

#### Helmcken Falls:

Tumbling into the canyon below from 141 meters high, Helmcken Falls is the fourth highest waterfall in Canada! Spahats Creek Falls:

Rushes through a keyhole in the rock face 80 meters down into the Clearwater River.



Is a terraced waterfall that rushes over 200, 000-year-old lava beds.



#### **PM: LUNCH IN CLEARWATER**

#### THE PAINTED TURTLE RESTAURANT

Following your adventures in Wells Gray Provincial Park, continue your day trip in Clearwater and unwind with lunch on The Painted Turtle's outdoor patio.



#### **SUN PEAKS VILLAGE STROLL**

Once back in Sun Peaks, stroll through the pedestrianonly village and explore one (or all) of the 40+ restaurants, shops and cafes!



# DAY 4: FROM Sun Peaks EMBLETON TO MCGILLIVRAY



#### **AM: EMBLETON MOUNTAIN HIKE**

Drive for 15 minutes along Sun Peaks Road and arrive at the Embleton Mountain trail head. This 8.4km loop will take you to the top of Embleton Mountain, where you'll feel the reward of a challenging hike with scenic views of Heffley Lake and wildflowers.





#### **DISCOVER SUN PEAKS ADVENTURES**

Following your mountain hike, head back to Sun Peaks and visit Guest Services to rent a canoe, kayak, or stand-up paddleboard from Discover Sun Peaks Adventures.

#### **GETTING THERE**

Just 6km away from Sun Peaks, McGillivray Lake is accessible by vehicle on a marked forest service road. Once at the lake, you can pick-up your rentals and get out on the water!



### We look forward to seeing you at Sun Peaks!