

TOURISM
sun peaks

ITINERARY 2026

WHERE YOU BELONG

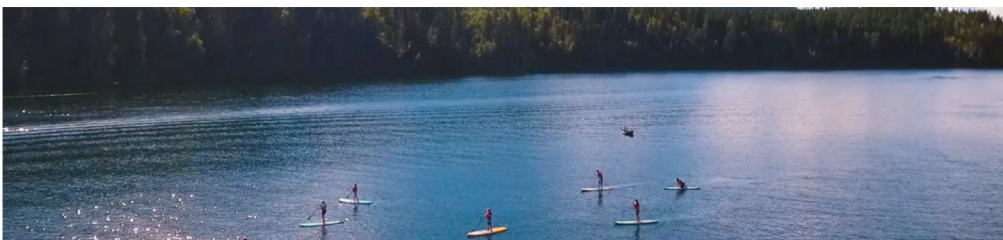
ABOUT THE TOUR

A four-day self-drive itinerary including Sun Peaks and surrounding attractions in Nature's Heartland

Sun Peaks is a mountain resort community nestled in the sunny heart of Interior BC, just a 45-minute drive from Kamloops.

The summer months see the alpine flooded with wildflowers, the turning of two chairlifts for mountain biking (one also operational for hiking), the opening of British Columbia's highest elevation golf course, and more activities that attract families year after year.

It's not the tangible activities or operations that make Sun Peaks unique, though. The feelings of belonging and becoming a part of a community immediately take hold when guests arrive. The European style architecture and cobblestone (pedestrian-only) village transports guests to a place far beyond BC, but the community of passionate locals will ground them as they're welcomed into a mountain community.



SCAN ME

For more information regarding our Summer offerings please scan the QR code.

3250 Village Way, Sun Peaks, BC V0E 5N0

TOURISM
sun peaks

DAY 1 & 2

SUN PEAKS

TOURISM
sun peaks

DAY 1: PM

WELCOME TO SUN PEAKS!

Check into your accommodation where you will spend the next three nights, steps away from the village core.

CAHILTY CREEK KITCHEN & TAPROOM

Enjoy your first meal in Sun Peaks at Cahilty Creek, where you can savour flavours from across the globe and also keep it close to home in BC with a local craft beer flight.



DAY 2: AM

GUIDED ALPINE HIKING TOUR

Ride the Sunburst Express chairlift to mid-mountain and embark on a four-hour guided hike into the alpine with a knowledgeable local guide.



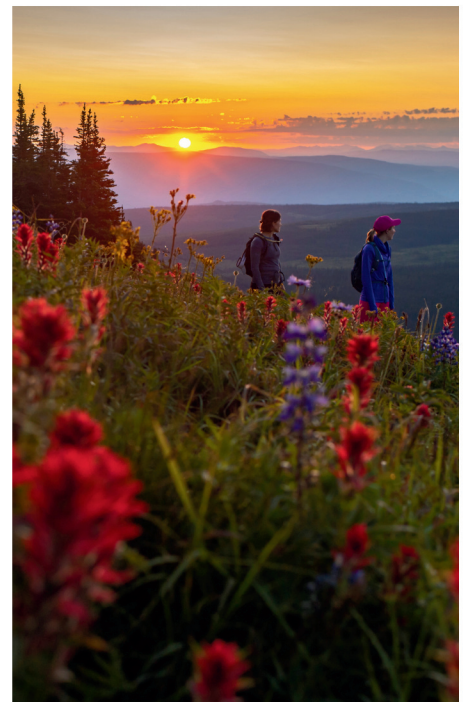
DAY 2: PM

JEEP TOUR

Prepare to be immersed in the untamed beauty of the Sun Peaks backcountry as your tour navigates narrow trails, visits pristine lakes, and traverses vast expanses of breathtaking scenery.

POWDER HOUNDS

Schnitzel anyone? Finish off your second day in Sun Peaks at Powder Hounds. Among the plethora of dining options in the village, the authentic Hunter Schnitzel is not to be missed!



DAY 3

WELLS GRAY

TOURISM
sun peaks

AM: CANADA'S WATERFALL PARK

Driving to Wells Gray Provincial Park is the perfect day trip to embark on from Sun Peaks! A scenic 1.5-hour drive North on Highway 5 will take you to Canada's Waterfall Park where 41 waterfalls and impressive views await. There's no way to see all 41 in one day, so here are three must sees:

3 MUST SEES:

Helmcken Falls:

Tumbling into the canyon below from 141 meters high, Helmcken Falls is the fourth highest waterfall in Canada!

Spahats Creek Falls:

Rushes through a keyhole in the rock face 80 meters down into the Clearwater River.

Dawson Falls:

Is a terraced waterfall that rushes over 200, 000-year-old lava beds.



PM: LUNCH IN CLEARWATER

THE PAINTED TURTLE RESTAURANT

Following your adventures in Wells Gray Provincial Park, continue your day trip in Clearwater and unwind with lunch on The Painted Turtle's outdoor patio.

SUN PEAKS VILLAGE STROLL

Once back in Sun Peaks, stroll through the pedestrian-only village and explore one (or all) of the 40+ restaurants, shops and cafes!



DAY 4: FROM EMBLETON TO MCGILLIVRAY

TOURISM
sun peaks



AM: EMBLETON MOUNTAIN HIKE

Drive for 15 minutes along Sun Peaks Road and arrive at the Embleton Mountain trail head. This 8.4km loop will take you to the top of Embleton Mountain, where you'll feel the reward of a challenging hike with scenic views of Heffley Lake and wildflowers.

PM: MCGILLIVRAY LAKE

DISCOVER SUN PEAKS ADVENTURES

Following your mountain hike, head back to Sun Peaks and visit Guest Services to rent a canoe, kayak, or stand-up paddleboard from Discover Sun Peaks Adventures.

GETTING THERE

Just 6km away from Sun Peaks, McGillivray Lake is accessible by vehicle on a marked forest service road. Once at the lake, you can pick-up your rentals and get out on the water!



We look forward to seeing you at Sun Peaks!

FOUR NIGHT SELF-DRIVE

TOURISM sun peaks

DAY 1 : WELCOME TO SUN PEAKS!

Explore the village and local art installations with exhibits on display throughout various storefronts.

Enjoy dinner at Cahilty Creek Kitchen and Taproom, where you can savour flavours from across the globe and also keep it close to home in BC with a local craft beer flight.

DAY 2 : ALPINE HIKES, JEEP TOURS, AND SCHNITZEL!

Guided Alpine Hiking Tour. Ride the Sunburst Express chairlift to mid-mountain and embark on a four-hour guided hike into the alpine with a knowledgeable local guide.

Jeep Tour. Prepare to be immersed in the untamed beauty of the Sun Peaks backcountry as your tour navigates narrow trails, visits pristine lakes, and traverses vast expanses of breathtaking scenery.

Schnitzel anyone? Finish off your second day at Powder Hounds Restaurant. Among the plethora of dining options in the village, the authentic Hunter Schnitzel is not to be missed!

DAY 3 : WELLS GREY: CANADA'S WATERFALL PARK

Wells Gray Provincial Park is the perfect day trip to embark on from Sun Peaks! A scenic 1.5-hour drive will take you to the Park, where 41 waterfalls and impressive views await. There's no way to see all 41 in one day, so here are three must-sees:

Helmcken Falls: Tumbling into the canyon below from 141 metres high, it's the fourth highest waterfall in Canada!

Spahats Creek Falls: rushes through a keyhole in the rock face 80 meters down into the Clearwater River.

Dawson Falls: A terraced waterfall that rushes over 200, 000-year-old lava beds.

Once back in Sun Peaks, stroll through the pedestrian-only village and explore one (or all) of the 40+ boutique shops, restaurants and cafes!

DAY 4 : PEAKS TO LAKES

The Embleton Mountain trailhead 8.4km loop will take you to where you'll feel the reward of a challenging hike with scenic views of Heffley Lake.

En route, visit Honey Berry Farm Market, where you'll find farm-fresh eggs, honey, and other local seasonal produce available in the Market Stand. The friendly atmosphere makes it a charming place to stretch your legs and discover something deliciously local.

Head back to Sun Peaks and onwards to McGillivray Lake, just 6km east of the village and accessible by vehicle on a marked forest service road. Rent a canoe, kayak, or stand-up paddleboard to get out on the water.

