



Downhill BC Cup #3

July 6-7, 2019

Regulations and Information



BC CUP: All BC Cup Categories will be contending for BC Cup points.

BC CUP DOWNHILL SERIES:

Eligible participants: those vying for Champion title must hold a UCI/CCA Mountain Bike race licence. (citizen licence, one-event & associate members are not eligible). All age categories including Pro/Elite will have a BC Cup Champion awarded.

Recognition: after each race weekend, points will be tallied by the following Wednesday and Series leaders will be announced in the E-Newsletter and on the Cycling BC website. The Champion in each category will be presented with a symbolic award during the Annual Cycling BC Awards Night. (Award presentations at the individual races will be for that specific race, not the Series).

Points: points will be allocated based on a 200 point scale system. Points are placed on finish. Points are only available to those that hold a UCI Licence, and race in their respective age category.

BC CUP DH PRIZES (and Cash Purse for Pro/Elite License Holders):

First, Second and Third in each category will be recognized on the podium and will receive a commemorative medal.

DH Pro/Elite categories will be vying for the individual race cash purse. The cash purse will be:

- 10 or more riders entered: 1st=\$350, 2nd=\$280, 3rd=\$210, 4th=\$140, 5th=\$70
- Fewer than 10 riders entered: 1st=\$210, 2nd=\$140, 3rd=\$70

BC CUP DH PODIUMS: Individual medals will be issued in each eligible category for BC Cup.

GENERAL INFORMATION:

- Do NOT cut or alter the plates in any way.
- In case of emergency First Aid is located at the start/finish area. If assistance is needed on the course notify a marshal who will radio for first aid. First aid headquarters is located on the lower floor of the Medical Clinic – entrance closest to race finish line.
- The Medical Clinic is located at the Main Day Parking Lot.

Online registration deadline: 6:00pm, Thursday, July 4

On-site registration: No day of race (Sunday) registration (package pickup only). \$10 per event onsite surcharge – no exceptions

Registration Policy: Payment must accompany the registration, or entry will not be processed.

Refund policy: No refunds once a rider has ridden on the course, no exceptions. \$5 administration fee charged for early refunds.

Required at Package Pickup: During package pickup all riders will be asked to fill out a form listing medical information, emergency contact information and sign a waiver. Underage riders will require a parent or guardian signature. Licensed riders will be required to present UCI license and picture ID.

Non-Licensed Riders Rule: Riders that do not have either a 2019 UCI License or a BC Citizen License must purchase a one event membership (either a \$5 or \$10 non-insured or a \$30 insured. Insured is advised for out of province riders but not mandatory).

Foreign Riders Rule: UCI-International licensed riders can register in any event in the category listed on their license. US Residents are now able to purchase one-events but must sign a declaration that adequate out of country travel insurance has been obtained.

Lift Fees: Sun Peaks is providing discounted lift fees (40% off) to all registered racers for Friday, Saturday and Sunday for \$33.60/day, plus GST. Note that the pass is for all-mountain, giving access to the entire bike park for the duration of the pass.

<p>Categories:</p> <p>UCI Elite Men: \$70 UCI Elite Women: \$70 UCI Junior Expert Men (17-18): \$60 UCI Junior Women (15-18): \$50 Junior Sport Men (17-18): \$50 Master Men (30-39): \$60 Master Men (40-49): \$60 Master Men (50+): \$60 Master Women (30+): \$60 Sport/Expert Men (19+): \$60 Sport/Expert Women (19+): \$60 U15 Men (13-14): \$50 U15 Women (13-14): \$50 U17 Expert Men (15-16): \$50 U17 Sport Men (15-16): \$50 Open Men (13-16): \$60 Open Women (13-16): \$60 Open Men (17-29): \$60 Open Women (17-29): \$60 Open Men (30+): \$60 Open Women (30+): \$60</p> <p>NB: \$10 extra on-site charge</p>	<p>Schedule:</p> <p>Wednesday, July 3 - Course closed for taping and marking from 4:00pm on.</p> <p>Thursday, July 4</p> <ul style="list-style-type: none"> • Course closed for taping and marking all day • Online registration closes at 6:00pm <p>Friday, July 5</p> <ul style="list-style-type: none"> - Registration office open 4:00pm to 7:00pm for both new registration and package pickup - Course closed for course inspection by officials and final adjustments 10:00am - 12:00pm - DH Course open to riders (all categories) for unsupervised on-bike inspection. 12:00pm to 5:00pm (note no marshals on course, bike park rules about safety apply. NO HIGH SPEED RUNS! - public may be on course) - Rider's Meeting (location will be posted at registration building). 6:00pm - 6:30pm 	<p>Saturday, July 6</p> <ul style="list-style-type: none"> • Registration office open 9:00am to 1:30pm • DH Course open for training (all categories) 10:30am to noon (lift starts loading at 10:00am) • DH Course Elite and Junior Expert only training noon to 1:00pm • DH Course open for training (all categories) 1:00pm to 3:30pm • Course closed for maintenance (no riders on course) 3:30pm - 3:45pm • DH Seeding Runs (Elites and Junior Expert) 3:45pm to 5:00pm <p>Sunday, July 7</p> <ul style="list-style-type: none"> • DH Course open for training (all categories) 10:30am to 11:30am (lift starts loading at 10:00am) • Course Elite and Junior Expert only training 11:30am to 12:00pm • Course closed for maintenance (no riders on course) 12:00pm to 12:15pm • DH Racing (all categories) 12:15pm to 4:30pm (approximate) • Awards all categories asap after finish of race
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DH MANDATORY RUNS: Racers must complete two mandatory runs to ensure they are familiar with the course for safety reasons. It is not necessary that the two runs are completed on race day – runs on training day count.

COURSE SIGNAGE AND TAPING: Mountain bike race course marking consists of a mixture of signs and taping to indicate the correct course and warn of any dangers or obstacles. It is not required or feasible to have both sides of the entire course taped.

Course tape: is used to define edges of the course and ensure that riders travel around the extremities of the course. It is also used to keep spectators and traffic off the course and in some cases is used to hold the riders back from dangerous areas. If there are sections of the course that are not taped the rider may stray off the intended course but MUST re-enter at the next section of course that is taped on both sides. For example, if there is tape on both sides of the course on the corners of a switchback area and none in the straight sections between the corners the rider must travel through from one section of taped course to the other. Consider the sections of tape on both sides of the course as “gates” that you must go through. The racer cannot bypass the corners simply because the straight sections are not taped. Tape on only one side of the course is also used as an extension of a double taped section to ensure that a rider travels around the extremities of the course. For example, a rider may enter the start of a long sweeping corner through a taped “gate” and then the tape may continue only along the length of the inside of the corner to prevent shortcuts. If a rider goes off course in a taped section, he or she must re-enter the course at the same location that the tape was broken through.

Course signs: will generally be placed on the right side of the course and are intended to keep the racer on course by pointing out the direction of travel or to warn of obstacles or danger.

- Single arrows pointing up indicate the course continues on ahead.
- Single arrows pointing either left or right indicate a sharp turn or a path to take at a junction.
- Single arrows down indicate an area that requires caution
- Double arrows down indicate an area of moderate difficulty
- Triple arrows down indicate an area of extreme difficulty
- Bypass routes around the most difficult obstacles will be indicated by arrows pointing to the “Hard” and the “Easy” routes – rider’s choice.
- Triple wavy lines indicate a water crossing
- Parallel lines indicate a bridge crossing
- An X indicates a wrong direction

MARSHALS: Marshals will give a whistle blast whenever a rider passes their station. This is their way of communicating an approaching rider to the next marshal down course. They will also use whistles as well as coloured flags to warn and communicate with the riders:

- 1 whistle blast: racer passing marshal location
- 3 whistle blasts and yellow flag: continue on, but use caution (usually tape down or a crash in front of the racer)
- 5 whistle blasts and red flag: stop racing, the course is closed and racing is stopped (usually for a course hold in an emergency situation. Under this condition all racers MUST STOP! If this happens during a race run inform the nearest marshal and then proceed back to the top to for a re-run once instructed to do so.

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