








# HOW TO DETERMINE ALPINE ABILITY LEVEL

## SUN KIDS (6-12 YEARS): 5 LEVELS

-  **First Timers** I have never tried skiing or snowboarding before.
-  **Next Step** I have tried skiing or snowboarding a few times and would like to improve my confidence and turning skills in the beginner area, work on speed control and turning before heading for the chairlift.
-  **Green Scene** I have been on a quad chairlift before and am skiing or riding green runs comfortably. I would like to work on controlling my speed on steeper green and easy blue runs.
-  **Cruise the Blues** I enjoy blue groomed runs and would like to develop my skills and confidence at a faster speed on all aspects of blue terrain.
-  **All Mountain Performance** I am very confident on blue runs and enjoy easier black runs. I would like to build my confidence and improve my skills on all types of challenging terrain.