

EXPLORE SUMMER

Two-Day Itinerary

TOURISM
Sun Peaks

Located in British Columbia's interior, Sun Peaks' reputation as a must-visit summer destination continues to grow. Sun Peaks offers adventure-enthusiasts everything from a lift-accessed bike park, BC's highest golf course to alpine hiking amidst the wildflowers.

DAY 1 For the sightseers, hikers and mountain bikers your adventure begins with a scenic ride up the Sunburst Express chairlift into the alpine. Sun Peaks is known for its stunning array of alpine blossoms through the summer season and can be experienced just steps away from the chairlift. The blossoms are out all summer, but are generally in full bloom mid-July to mid-August.



Following your hike, we recommend enjoying lunch at the Sunburst Bar + Eatery located at mid-mountain. Continue hiking for the afternoon or hop back on the Sunburst Express chairlift to the village. Spend your afternoon roaming the village shops where you can pick up local art and unique souvenirs, or head to the full-service Sun Peaks Spa and Massage for some pampering.

Tip: Book the 2-hour guided alpine hiking tour where you will learn about the local flora and fauna while enjoying the panoramic views and vivid wildflowers.

DAY 2 Start your day with a game of golf on British Columbia's highest golf course. The 18-hole, Graham-Cooke designed course weaves along the valley floor, while the surrounding mountains offer stunning vistas.

Following your morning of golf, it's time to relax and unwind with some lunch. With 20+ restaurants, bars and cafés to choose from there are plenty of fantastic options to enjoy. Bottoms Bar & Grill and Mantles Restaurant are great options if you're looking for an outdoor patio and you might even spot some wildlife from your table.

Tip: There are some great options for breakfast, but a local's favourite are the Crêpes at Tod Mountain Café. Choose from sweet or savoury and watch them get made before your eyes as you take your first sips of their locally roasted coffee.



WHERE TO STAY

Sun Peaks offers a variety of accommodation options from 9 hotels & lodges, to private condos, townhomes and chalets:

- Bear Country Vacation Rentals
- Sundance Lodge
- Hearthstone Lodge
- Nancy Greene's Cahilty Lodge
- Sun Peaks Grand Hotel
- The Residences at Sun Peaks Grand
- Sun Peaks Lodge
- Top of the Mountain

EXPLORE MORE

Try something new and soak in the views by horseback. Horseback trail rides wind through the valley trail and onto our surrounding mountains to offer beautiful scenery.

Explore the tranquility of Hefley Lake with stand-up paddle board rentals or tours. Begin your paddle on a secluded, private dock and enjoy the views of surrounding nature and wildlife. First-timers can ease their nerves by signing up for a private lesson.

